

January 2022

WEST ORANGE CENTER FOR NURSING AND HEALING



| Sunday | Saturday | Saturday | Saturday | Saturday | Saturday | Saturday |
|--|---|---|---|--|--|---|
| Happy BD's St. Therese 1/1 Margaret P 1/9 David 1/16 | Arvada Kindstrom 1/21 Patricia S 1/23 Masrine, G 1/16 | All Activities are subject to Reflect the Residents Needs: ~~~~~ ~~ | Please wear your mask! Frequent Hand Washing!! Room Visits during Pandemics/1:1 | Christian Unity Vaccine Encouraged Self Defense Activities Professionals (Week 23-29) | We are all part of each other, Each with our own purpose***** ***** ***** ***** | 1 New year AM Resolutions AM Exercise PM Black Eyed Peas HBD St. Teresa/George |
| 2 AM Daily Exercise AM Customer Service AM Our Daily Prayer PM Cream Puffs PM Game of Thrones PM Famous People | 3 Thank God Its Monday AM Customer Service AM Morning Exercise PM The Opposite PM Coffee Klatch/Ideas | 4 AM Daily Exercise PM National Trivia PM Group Exercise PM Nat'l Trivia PM Bible Studies | 5 AM Daily Exercise PM History Of Birds PM Music With Mark PM Hydration/Snack s PM Down Memory Lane | 6 Epiphany AM Daily Exercise AM Outside PM Three Kings HBD Masrine G. PM Latin Music | 7 AM Daily Exercise AM Customer Service PM Tempura Art PM Jazz Music PM Happy Hour PM Let's Dance | 8 AM Exercise AM Comm. News PM Earths Rotation PM Tempura Art PM A Glass of Wine |
| 9 AM Daily Exercise AM Our Daily Prayer PM Lay Enforcement PM Room Visits PM Bingo | 10 AM Daily Exercise PM On The Road !! PM Circle of Friends PM Natural Fresh Air | 11 AM Daily Exercise AM Revolving Letters PM Hot Toddy Social PM Food Committee | 12 AM Daily Exercise PM EDU: Ginger PM Journaling PM Wacky Winter Day! | 13 AM Daily Exercise PM Outside PM Bucket List PM Animals- Word Search | 14 AM Daily Exercise AM Morning Hydration Station PM Astrology History PM Bingo | 15 AM Daily Exercise AM Comm. News PM Hat's On PM Nail Beauty |
| 16 AM Daily Exercise AM Customer Service PM Religious Freedom HBD David PM Bingo | 17 Full Wolf AM Morning Exercise PM Lay Enforcement HBMargaret P PM Duke Ellington | 18 AM Morning Exercise PM Treasures PM Bingo PM Hawaii PM Movie Blues | 19 AM Morning Exercise PM Wizard Of Oz PM Music w/Judy Garland PM Popcorn/Drinks | 20 AM Morning Exercise PM Tea Social PM Customer Service PM Mens Club | 21 AM Morning Exercise PM Benefits of a Hug HBArvada PM Benefits of a Hug | 22 AM Morning Exercise AM Community News PM Southern Days PM Nail Beauty |
| 23 AM Morning Exercise AM Customer Service PM Handwriting HBD Patricia S PM Bingo | 24 AM Morning Exercise PM Compliment PM Circle of Friends PM Auction | 25 AM Exercise PM Oppointe PM Scott's Music PM Resident Council | 26 AM Morning Exercise AM Travelogue PM Mark's Jazz PM New Habits | 27 AM Morning Exercise PM Outside Grillin PM Happy Days PM Storytelling | 28 AM Morning Exercise AM Hydration Corner PM Craft- Kazoo PM Happy Hour | 29 AM Morning Exercise AM News PM Puzzles PM Nail Beauty |
| 30 AM Morning Exercise AM Our Daily Bread PM Hydration Station PM Bingo | 31 AM Morning Exercise AM What's The Price PM Backward PM New Beginning PM Card Games | Notes Christian Unity-Vaccination Encouraged Flu/Covid/Covid Booster!-Self Defense-Activities professionals week (23-29) `Navagating the Future', through activities, resources, art projects, spirituality, products & Social Media Marketing Tools!! | | | | |